

St Mewan C.P. School Mental Health Pyramid of Need

Referral to external agencies – CAMHS, bespoke timetable

Medium intervention required

High Intervention

required

1:1 sessions with Pastoral Lead, mentoring, Animal Therapy, Surf Therapy, bespoke or 1:1 forest school sessions

Parent/School meeting, morning meet and greet, nurture breakfast club, monitoring by class teacher, gardening, forest school, small group work, pastoral support in class for resilience and managing anxiety

Low level intervention required

Universal offer for all children

Jigsaw PSHE curriculum, Mental Health education, trusted adult, participation in World Mental Health Day and Children's Mental Health week, curriculum based on developing resilience and wellness.