

## St Mewan CP School - PE Overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Continuous Provision – Physical Development	Continuous Provision – Physical Development	Continuous Provision – Physical Development	Dance Gym	Games (Best of Balls)	Athletics OAA (Balance Bikes)
<b>Year 1</b>	Invasion Games	Dance	Gym	Bat & Ball	Striking and Fielding (Throwing and Catching)	Athletics Health & Fitness OAA
<b>Year 2</b>	Invasion Games NO HALL SLOT	Dance	Bat & Ball NO HALL SLOT	Gym	Striking & Fielding (Target Games)	Athletics NO HALL SLOT Health & Fitness OAA
<b>Year 3</b>	Gym	IG: Football	Dance	Net & Wall (Fundamental Skills) Health & Fitness	Striking & Fielding (Fundamental Skills)	Athletics OAA
<b>Year 4</b>	Gym	IG: Hockey	Dance	Net & Wall (Badminton) Health & Fitness	Striking & Fielding (Cricket)	Athletics OAA
<b>Year 5</b>	Gym	IG: Basketball	Net & Wall (Tennis) Health & Fitness	Striking & Fielding (Rounders)	Dance Surfing	Athletics OAA Sports Leader
<b>Year 6</b>	Gym	IG: Netball NO HALL SLOT	Net & Wall (Volleyball) Health & Fitness	Striking & Fielding (Cricket and Rounders) NO HALL SLOT	Athletics NO HALL SLOT	Dance OAA

### Whole School:

- All pupils will be taught all of the key areas of physical education below at some point during their time at St Mewan: Invasion Games, Net&Wall (Bat & Ball), Striking and Fielding, Dance, Gymnastics and Athletics.
- Pupils will also take part in Health & Fitness sessions to address covid related inactivity.
- Swimming will run in the Autumn and Spring terms, with each of our KS2 classes receiving a week of swimming lessons (5 in total).
- OAA will also be taught as part of our beach/forest school experience and during Y3-6 residentials as well as within our PE curriculum.
- Y5 will take part in PE leadership sessions and will use these newly learnt skills to support our EYFS, KS1 and LKS2 Sports Day events.

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## How to follow the Move PE Planning:

### **Finding the planning:**

Sharepoint → Staff Resource → Current → PE → PE 2023-2024 → PE Planning → Year X → Focus Area/Sport for that half term (This is found in the table above) → Weekly Plans or 6 week overview.

### **Using the planning:**

Each Area has a minimum of 6 weeks worth of planning, as well as PPTs, additional lesson resources and suggestions, assessment and challenge sheets. This planning is to be used as a guidance, to support your lessons and does not need to be followed exactly as given. Please feel free to adapt the planning to meet the needs of your class as long as the focus skills and objectives are the same as the original planning.

### **Support/CPD/Training:**

You will be provided with support within one area within PE every year with the aim of you receiving CPD in all areas after a number of years. This support can be in the form of initial discussions (verbal support with planning etc), mentoring and observations (you watching someone else teach and vice versa), as well as external CPD from organisations who have an expertise within a certain area. In addition to this, every teacher will attend and be in charge of a group of children at a sports event (normally for the age group that they are teaching within).